ECHO PARENTING & EDUCATION

PARENTING CLASS SERIES

Parenting is one of the most creative and exhausting jobs you'll ever have. Join with us to learn new strategies for connection, regulation and peace with your child, family, and self!

In this ten session class, we'll introduce a philosophy and practice of parenting based on the latest research about brain and child development that promotes life-long connections and learning.

Through discussion groups, theory, role playing, and specific problem solving, we will:

- Learn to set clear and respectful boundaries
- Explore ourselves and our children through a lens of empathy and understanding
- Identify strategies & tools that will help you successfully create the parenting relationship you want with your child.

A NEW PARADIGM FOR RAISING CHILDREN

Saturday Mornings
Jan. 9 - Mar. 12, 2016

Spanish: 9am - 11am
English: 11am - 1pm

Registration Required for New Participants

Location:
1226 N. Alvarado St.
Los Angeles, 90026

Registration fee:
$25, register online
at echoparenting.org by clicking
on Registration Center

Weekly class fee:
Based on a sliding scale
Individual $10 - $30
Couple $15 - $45

No one is turned away for lack of funds!

For questions,
contact Glenda Linares at
(213) 484-6676 x310 or
glinares@echoparenting.org

Child care available.
Please see our website or call for age restrictions and more information.

Court/Agency referred?
Please contact us for more information.

Next Series:
April 2 - June 11, 2016

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